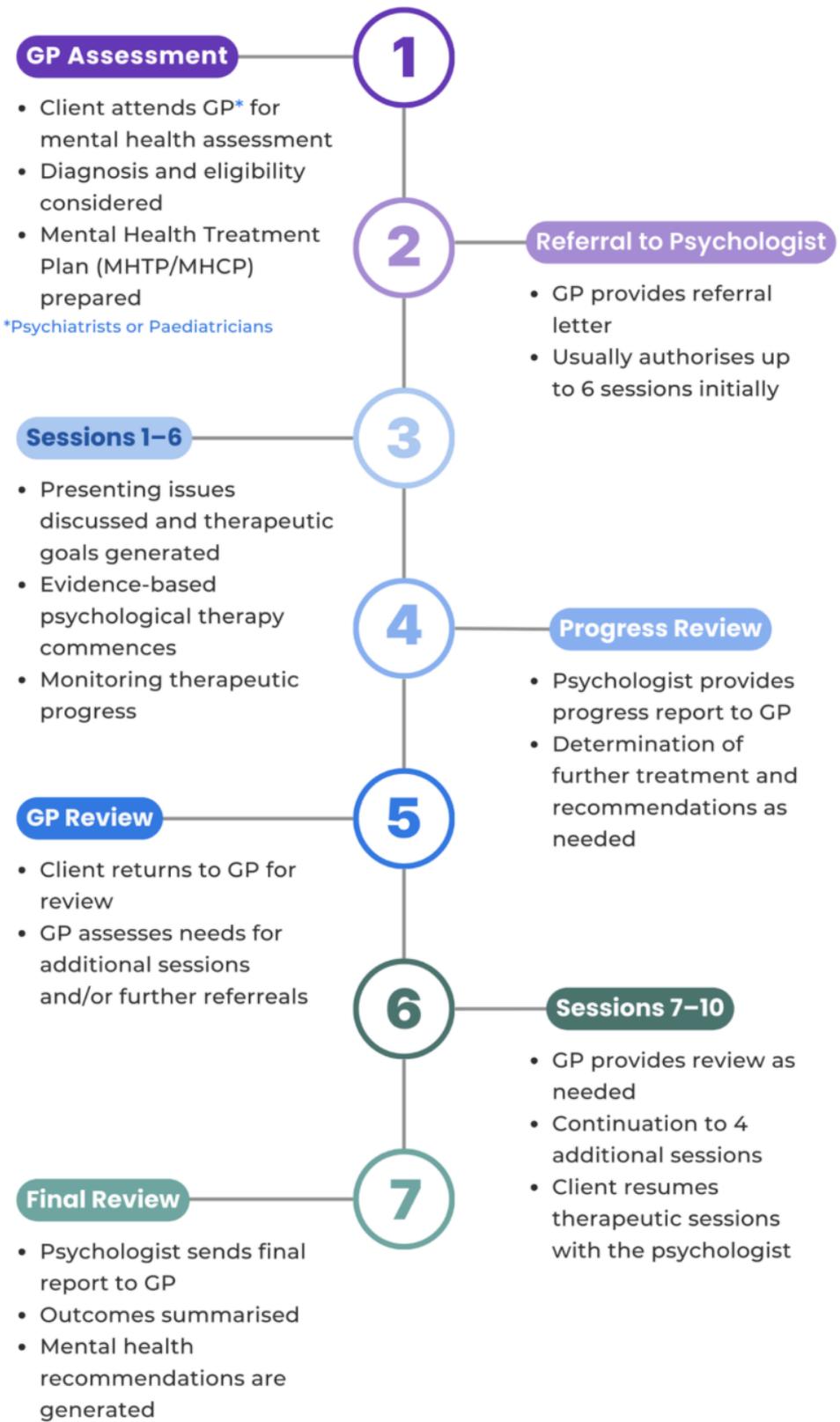


# MENTAL HEALTH TREATMENT/CARE PLAN (MHTP / MHCP)

## ROADMAP

Overview of the typical Medicare-subsidised psychology pathway  
Based on APS, AAPi, and Services Australia (Better Access Initiative)



### Key Notes

Ψ A total of 6+4 individual psychology sessions are available per calendar year for Medicare-rebated sessions of psychological therapy.

Ψ This initiative is short-term evidence-based interventions involving integrated care of your GP/ Psychiatrist/ Paediatrician and Psychologist.

Ψ MHTP/MHCP preparation, referrals, reviews, and recommendations are included, thus obtaining the necessary documentation in a timely manner is essential in this process.